

Welcome to Royston Hospital

Our staff are committed to making your hospital experience as comfortable as possible. In an effort to help you prepare for your time with us we have prepared this folder of information. We suggest you take a few minutes to read it and if you have any questions please contact us or, alternatively, speak to your medical specialist. Thank you for choosing Royston Hospital.

Admission instructions

Please also read "Preparing for your admission" page.

Name:

Date of your admission:

Arrive at hospital at:

Please phone Royston, (06) 873 1111 - Ext 0, on the last working day before your admission, to confirm your admission time.

Fasting instructions

Admissions up to and including 12 midday, you:

- SHOULD have supper as late as you wish, but before midnight on day before your procedure
- MUST NOT eat anything (this includes chewing gum and sweets) after midnight
- MAY, after midnight, drink WATER freely until 1 hour before your admission time
- MUST take all routine medications (unless told otherwise by your surgeon or anaesthetist).

Admissions after 12 midday, you:

- SHOULD have a LIGHT breakfast before 7:00am e.g. tea and up to 2 slices of toast or a light cereal. (No porridge or cooked breakfast)
- MUST NOT eat anything (this includes chewing gum and sweets) after 7:00am
- MAY, after 7am, drink WATER freely until 1 hour before your admission time
- MUST take all routine medications (unless told otherwise by your surgeon or anaesthetist).

If your Surgeon or Anaesthetist gives you other fasting instructions, you MUST COMPLY WITH THEM.

Colonoscopy Patients

You must follow the bowel prep and diet instructions provided by your specialist. If you have any concerns please contact your specialist.

Medication instructions

Please also read 'Medications' on "Preparing for your admission" page.

Checklist / reminder

- Obtain prior approval from your insurance company and advise Royston Hospital of your prior approval number immediately.
- Phone Royston to obtain cost estimates and if required discuss any special accommodation request.
- If you are paying your account privately or if you do not have prior approval from your insurance company, you will need to arrange prepayment of your estimated account.
- Complete and return the 3 forms in this pack as instructed at the top of each form.
- If you are to be admitted overnight and have been **clinically employed at a hospital or rest home** or **admitted to a hospital in NZ or overseas** in the last 6 months please contact your surgeon's rooms.
- Ensure any laboratory tests requested by your specialist have been undertaken.
- On the last working day before your admission, phone us to confirm your admission time.
- Know when you should stop eating and drinking (refer fasting instructions – see left).
- Arrange for a responsible adult to stay with you for the first 24 hours following day surgery.
- Arrange transport to and from the hospital.
- Bring to Royston on admission:**
 - Originals forms if still held by you
 - Your prior approval letter
 - All medications you are currently taking in their original containers including herbal and dietary supplements
 - Print out of medication list from your GP
 - X-rays and scans (as appropriate)
 - Glasses and physical aids.
- Inpatients please pack:
 - Night attire
 - Comfortable footwear
 - Personal toiletries
 - Children's toys (as appropriate).
- Safety of Valuables:

We ask that you leave all valuable jewellery and large amounts of cash at home. While we do our best to ensure the safety of your belongings, we advise you not to leave valuables or cash in your room as we are unable to accept any responsibility for loss.

On request we can lock valuables away for you if you are unable to pass these on to relatives or friends for safekeeping.

Have a question?

If you have any questions, or would like to inform us about any of the following, please phone us prior to your admission:

- Booking date and admission time
- Room preference – Suite, Ensuite Room
- Cost estimates
- Prepaying your estimated account
- Dietary requirements
- Special nursing requirements during your stay

Phone (06) 873 1111 – Extension 0
www.royston.co.nz – for further information

eAdmissions

Complete your forms online
Fast, secure, simple
royston.co.nz